

# Uniform Sizing Charts

## Shirts (polo)

Mens Sizes	XS	S	M	L	XL	XXL	3XL	5XL
½ Chest (cm)	50.5	53	55.5	58	60.5	63	68	73
High Point Shoulder to Hem (cm)	67	69	71	73	75	77	79	81

Ladies Sizes	8	10	12	14	16	18	20	22	24	26
½ Chest (cm)	45	47.5	50	52.5	55	57.5	60	64.5	69.5	74.5
High Point Shoulder to Hem (cm)	61	63	65	67	69	71	72	73	74	74

Kids Sizes	6	8	10	12	14	16
½ Chest (cm)	38	40	42	44	46	49
High Point Shoulder to Hem (cm)	52	55	58	61	64	67

## Shorts

Adult Sizes	S	M	L	XL	XXL	3XL	5XL
½ Waist Relaxed (cm)	34	36.5	39	41.5	44	46.5	51.5
Outside Leg Length (cm)	44	45	46	47	48	49	51

Kids Sizes	4	6	8	10	12	14	16
½ Waist Relaxed (cm)	24	26	28	30	32	34	36
Outside Leg Length (cm)	26	28	30	32	34	36	38

## Hoodie

Mens Sizes	XS	S	M	L	XL
½ Chest (cm)	54.5	56	58.5	61	63.5
High Point Shoulder to Hem (cm)	69	73	75	77	79

Ladies Sizes	8	10	12	14	16
½ Chest (cm)	48.5	51	54.5	58.5	62
High Point Shoulder to Hem (cm)	63.5	65	66.5	68	69.5

Kids Sizes	6	8	10	12	14
½ Chest (cm)	43	45	47	49	51
High Point Shoulder to Hem (cm)	55	57	60	62	64

## Track Pants

Adult Sizes	S	M	L	XL	2XL	3XL	4XL	5XL
½ Waist (cm)	32.5	35	37.5	40	42.5	45	47.5	50
Inner Leg (cm)	72	74	76	78	80	82	84	86
Waist Stretched (cm)	52.5	55	57.5	60	62.5	65	67.5	70

Kids Sizes	4	6	8	10	12	14
½ Waist (cm)	20	22	24	26	28	30
Inner Leg (cm)	43	48	53	58	63	68
Waist Stretched (cm)	36	39	42	45	47.5	50